

Emerge Medical Spa

Laser Hair Removal Pre and Post Treatment Instructions

LASER HAIR REMOVAL PRE-CARE INSTRUCTIONS and CONTRAINDICATIONS

Contraindications include:

- **Accutane** use in the previous 6 months
- Irregular, pigmented, and/or raised **moles, warts** or **growths**
- **Pregnancy**
- Use of **photosensitive medication** and/or herbs
- **Diseases** which may be stimulated by light
- **Unprotected sun exposure** (natural or artificial) and/or use of sunless **tanner** 2 weeks prior to treatment
- Skin disorders including, **Psoriasis, Eczema, Dermatitis, Rash** or **open skin** in the treatment area
- Some areas may be contraindicated due to **implanted metal devices**. Please inform the technician of any and the treatment area will be assessed.

Pre-Care Instructions:

- Prior to your laser treatment, please do NOT wax, pluck, or undergo electrolysis to the area to be treated for at least **two weeks** prior to your treatment.
- DO NOT bleach or use depilatories for **six weeks** prior to treatment.
- Within 12-24 hours of the day of your laser treatment, shave the area to be treated.
- If you are using a topical anesthetic, apply to the area to be treated per instructions – usually 30-45 minutes before your appointment. Please inform your Aesthetician that you have used a topical anesthetic.

LASER HAIR REMOVAL POST CARE INSTRUCTIONS

Topical Care:

- Do not irritate treated area chemically (such as harsh acne products) or mechanically for 1-2 days after treatment.
- Makeup may be applied immediately after treatment.

Bathing:

- Wash treated area gently with mild soap and water. If treated area is irritated, the area should not be rubbed with a face cloth or towel. The area should be patted dry.

Sun Protection:

- Sun exposure and tanning beds are to be avoided throughout the course of treatment. A sunscreen with an SPF of 30 or greater should be applied whenever the area is exposed to the sun. If you develop a tan within the proposed treatment area, delay further treatments for 2 weeks or until the tan has significantly faded.

Activities:

- Avoid excessive heat or friction to the treated area. (For example: heavy exercise, saunas.)
- Provided that there is no persistent redness, blistering, or crusting present in the treatment area, you may resume all normal activities.

Adverse Events:

- Please contact your provider immediately if you notice any blistering, redness, crusting, tenderness, or any other changes that may concern you.

Patient Print Name: _____ Date: _____

Patient Signature: _____ Date: _____

24 Hour Cancellation Policy: Failure to adhere to this policy will result in the loss of one treatment from your purchased package or \$50 - \$100 charged to your account. If we cannot provide treatment because the pre-care instructions were not adhered to it is considered a violation of this policy. The balance must be paid before any further treatments can be performed. _____ **(Patient Initial)**

Please call our office if you have any questions or concerns: (503) 802-7546