

Emerge Medical Spa

CHEMICAL RESURFACER

Post Treatment Instructions

CHEMICAL RESURFACER PRE-CARE INSTRUCTIONS and CONTRAINDICATIONS

Contraindications to treatment include:

1. Accutane use in the previous 6 months
2. Autoimmune disease, HIV, Lupus, Hepatitis
3. Use of blood thinners: Heparin, Coumadin, Warfarin, etc.
4. Eczema, Psoriasis, Dermatitis, or Rash in treatment area
5. Irregular, pigmented, and/or raised moles, warts or growths
6. Keloid scarring
7. Laser procedures, chemical peels, waxing, or exfoliation treatments in the previous week
8. Sunburn

CHEMICAL RESURFACER POST CARE INSTRUCTIONS

1. On the night of the treatment, rinse face with cool water. Moisturize skin with a heavy moisturizer (such as AquaPhor or Medical Barrier Cream) to soothe skin tightness. Increase your fluid intake for the next 2 - 3 days.
2. Do not use any type of exfoliating product on the treated area for 1 week.
3. Avoid the sun 2 - 3 weeks. Wear a wide-brimmed hat if it is necessary to go into the sun. Always wear a SPF 30.
4. You may begin to experience mild flaking and/or peeling within 2 - 3 days. DO NOT pick or peel at loose skin as this could result in discoloration and/or scarring of your skin.
5. You may experience mild flaking and/or peeling for approximately 1 - 1 ½ weeks. Continue to moisturize the treated area for the duration of the peeling process.

I have received a copy of the Pre and Post Treatment Instructions for Chemical Resurfacers.

Patient Print Name: _____ Date: _____

Patient Signature: _____ Date: _____

Please call our office if you have any questions or concerns: (503) 802-7546